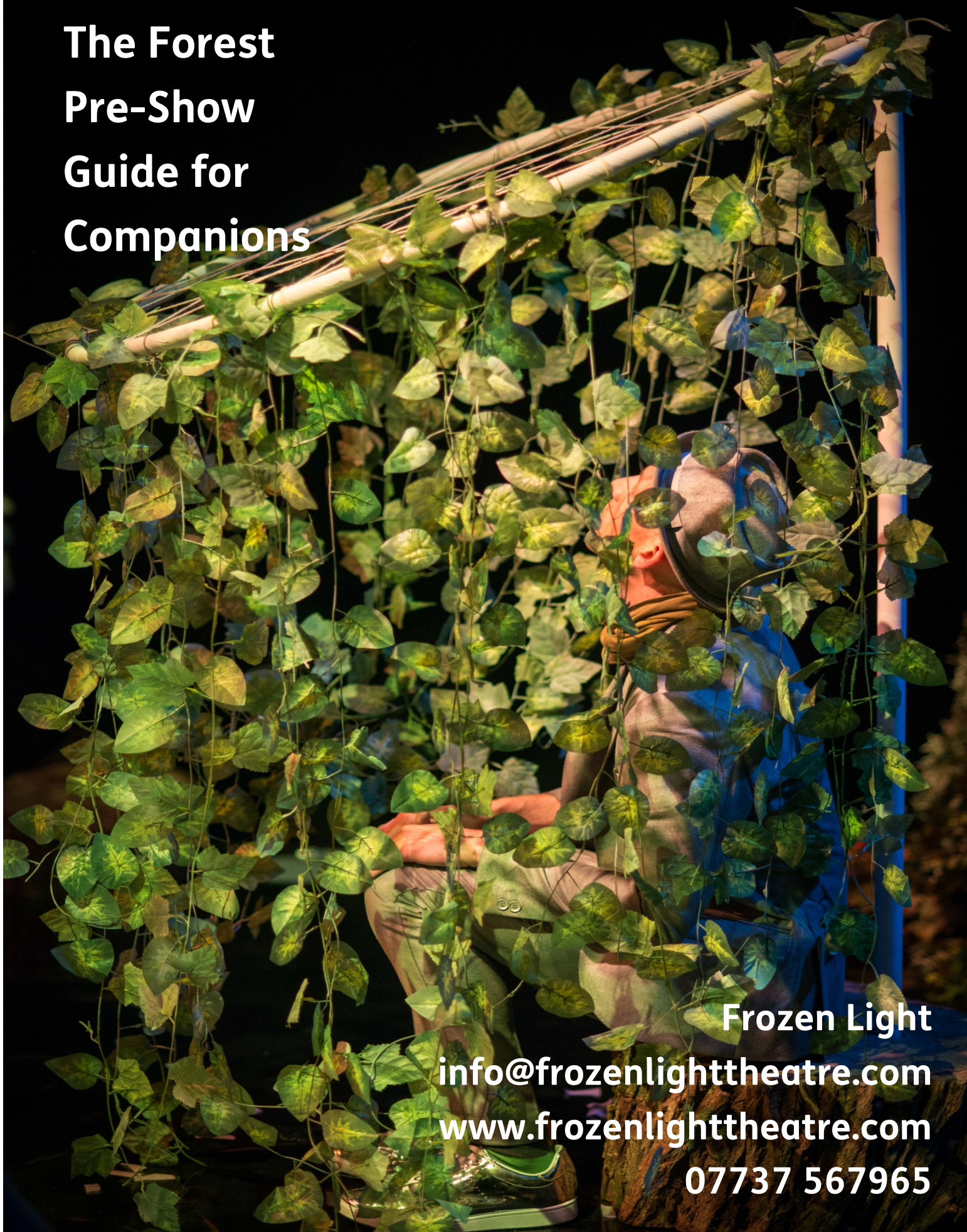


# FROZEN LIGHT

**The Forest  
Pre-Show  
Guide for  
Companions**



**Frozen Light**  
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# FROZEN LIGHT

## **The Show**

The Forest has been specially created to meet the needs of teenagers and adults with Profound and Multiple Learning Disabilities (PMLD) whilst creating an exciting, entertaining piece of theatre.

In The Forest, Thea and Robin are drawn into the forest on a whirlwind, multi-sensory journey. Will they ever find each other?

## **Duration**

One hour

## **Audience Numbers**

The Forest is performed for an audience of six people with PMLD and their companions. We ask that each person is accompanied by a carer if possible. We also encourage family and friends to come and enjoy the show.



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## The Space

The show takes place in an empty, flat level theatre space free of traditional theatre seating. The show is performed end on. The actors weave around the audience during the sensory moments.

The audience is met in the foyer by an actor who will take them into the space one at a time and show them to their seats. All the chairs can be moved and there is plenty of space for people who use wheelchairs.



## Multi-Sensory Interactions

The Forest is a multi-sensory, interactive production. The actors will offer one to one interactions to the audience. There are also larger collective sensory moments that everyone is involved in together.

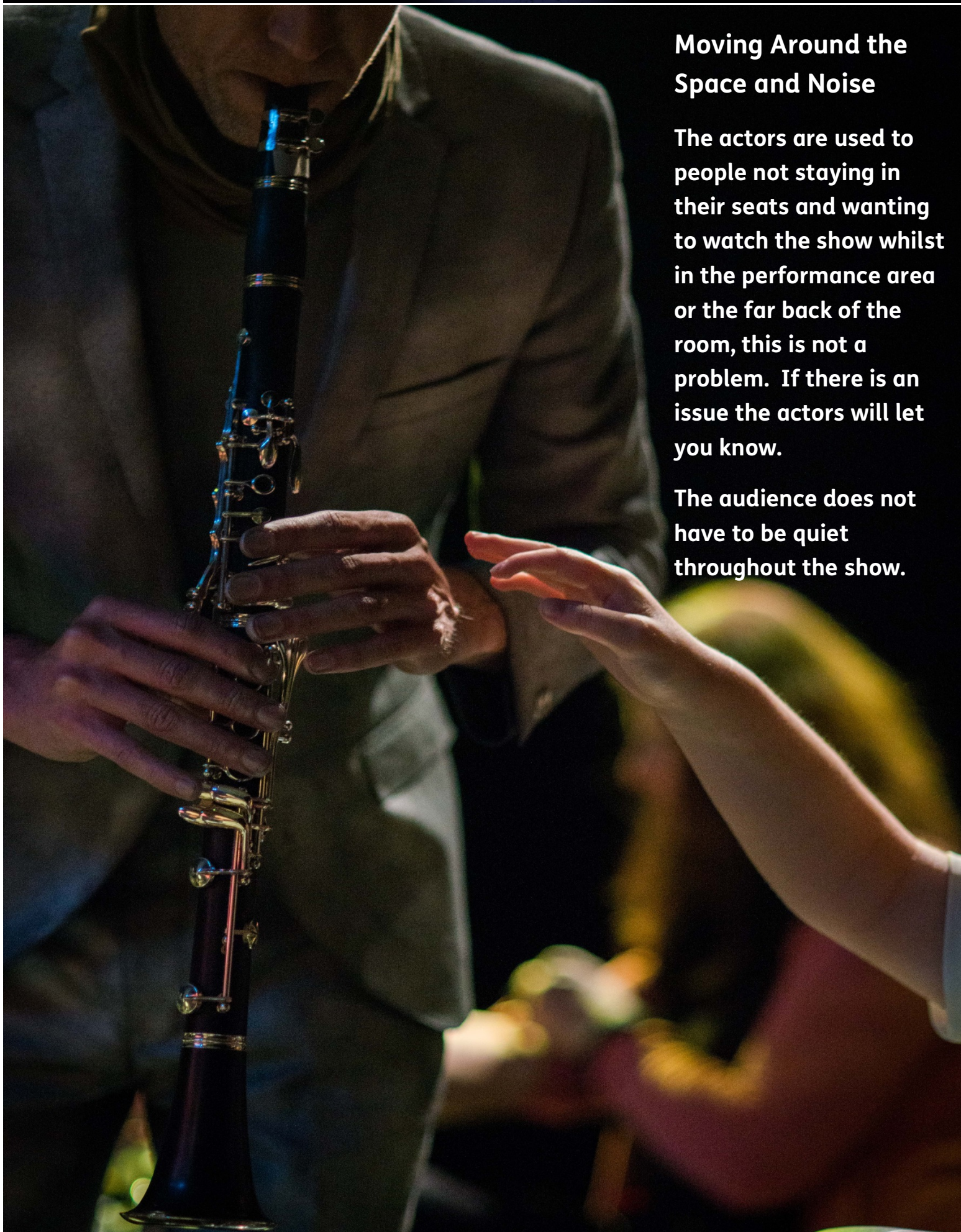


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## **Moving Around the Space and Noise**

**The actors are used to people not staying in their seats and wanting to watch the show whilst in the performance area or the far back of the room, this is not a problem. If there is an issue the actors will let you know.**

**The audience does not have to be quiet throughout the show.**



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## Photos

You are welcome to take as many photos as you like but please do not use flash or distract from the interaction between the actor and audience member. If we take any photos we will ask you to fill in a photo permission form after the show.

## Distress

If an audience member becomes distressed they can move away from the performance space and watch the show from the back of the room. There will also be a chill out area somewhere else in the theatre. You are welcome to come in and out of the performance. If an audience member does not wish to re-enter the show this is fine and the actors completely understand. Please don't make the person you support stay in the show if they want to leave; we won't be offended if you leave.



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## **Companions/Carers – Your Role**

**As a companion please get involved with the performance, assist the person you are accompanying but also feel and smell all the sensory items yourself, you will have a much better time if you do!**

**Before the performance each audience member will be given a Visual Story. This is designed to reduce anxieties around the trip to the theatre. Could you please go through this with the person you support and bring it with you on the day.**

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## About Frozen Light

Amber and Lucy, artistic directors of Frozen Light, have been creating theatre for audiences with PMLD since 2007. Both have many years of experience in supporting people with PMLD. Lucy was a support worker with adults with learning disabilities for 6 years. Amber also has experience of supporting children with PMLD having spent a number of years working as a teaching assistant in special schools.



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#TodayIsDifferent