Becoming a trustee
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Introduction

Frozen Light is a touring theatre company.

We perform to people with **profound and multiple learning disabilities (PMLD)**.

People with profound and multiple disabilities (PMLD) are people who have more than one serious disability.

We are looking for new people to join our board of **trustees**.

**Trustees** are responsible for how the organisation is run.

This information is about our organisation. It is for people who are thinking of becoming a trustee.

It explains what trustees do.
Our vision

Our vision is the changes we want for everyone, over a long time.

We want people with PMLD to be able to enjoy theatre shows like everyone else.

Our values

Our values are the way we work.

We want people with PMLD to take part in things.

We want them to be seen and feel welcome in their communities.
We want people to be able to enjoy our theatre in many different ways like:

- touching
- smelling
- tasting
- seeing
- hearing.

We involve people in our theatre performances. You don’t just sit and listen.

We want people to share the joy of a theatre show.
Our aims

Our aims are the things we want to do.

We want to:

- create very good theatre shows
- help theatres put on shows that are good for people with PMLD
- help more people with PMLD to enjoy theatre shows
- see more disabled people working in theatres
- train more people who work in theatre about working with people with PMLD

- have more people working with us.

We want to carry on making our shows in new ways that use touch, smell and taste as well as seeing and hearing.

We want to help theatres to think of new ways to work with people with PMLD.
Coronavirus

Coronavirus is a new illness that is spreading around the world.

It affects your lungs and breathing.

Disabled people are more likely to be very ill if they catch Coronavirus.

We have all had to do things differently to stop the spread of Coronavirus.

We want disabled people to have a say about what happens with theatres.
Frozen Light is growing

More and more people are wanting to come to our shows.

More theatres are wanting us to help them involve disabled people.

We are making plans for how we will work over the next 4 or 5 years.
Our team

We have 3 full time members of staff.

We have a board of trustees who look at how we are running the organisation.

We want to take on more staff and more trustees.
Diversity

Diversity is involving people from all different backgrounds.

Arts Council England wants organisations to involve people from all different backgrounds.

Arts Council England gives money to arts organisations including theatres.

Arts Council England has given us money because of the good work we do with people with PMLD.
Our trustees

We have 4 trustees at the moment:

- Anthony Roberts is the Chair.
  A Chair is the person who leads a meeting.

Anthony is also the Director of Colchester Arts Centre.

- Nicholas Carter is the Treasurer.
  A Treasurer looks after the money and makes sure it’s being spent properly.

Nicholas is an Accountant.
Lorna Owen. Lorna works for a group of companies. She checks the companies treat staff properly.

Sharon Slade. Sharon speaks up for people with PMLD.

Group for people with PMLD

We have a group of people who help us understand more about people with PMLD.

The group has carers and people who work with people with PMLD.
What trustees do

We are looking for new trustees who will:

- understand and love the work we do
- take part in meetings and training
- come to our shows
- speak up for us at meetings and events
- think about new ways we should do things.
We hold board meetings every 3 or 4 months in Colchester or Norwich.

The meetings last for 2 hours. They start at 6:30pm.

Recently the meetings have been online using Zoom.

Zoom is a way of having meetings using video online.

Trustees should also come to a planning day for staff and trustees once a year.
The responsibilities of trustees

Trustees are responsible for running Frozen Light by law.

Charity

Frozen Light is a charity.

The law has rules about how to run a charity.

Our trustees have to make sure we are running Frozen Light properly.

Trustees have to make sure we spend our money properly.
Company

Frozen Light is also a company.

There are laws about how you should run a company.

Our trustees have to make sure we are following these laws.
Safeguarding

Our trustees have to work with **vulnerable** people.

**Vulnerable** means who have difficulty keeping yourself safe.

We have to check that our trustees have not been in trouble with the law.

Trustees have to have some training every year, to learn how to keep people safe.
How you can help us

We are looking for more disabled people to be a trustee.

It is difficult for many disabled people to go to the theatre.

You can help us to make this easier.

You will be able to help us make good decisions.
If you come and join us, you will:

- learn a lot of new things
- enjoy working with our exciting team
- help to make things better for disabled people.
How to join us

If you want to be a trustee, email us at: info@frozenlighttheatre.com

Tell us about the things:
- you can do
- you have done in the past.

We may invite you to come for a chat.

We may invite you to come and see a trustee meeting.

The trustees would have a vote if they want you to join the board of trustees.
For more information

You can get more information about Frozen Light:

Website: www.frozenlighttheatre.com

Facebook: @frozenlighttheatre
Twitter: @frozentheatre
Instagram: @frozenlighttheatre

Listen to our podcast:
www.frozenlighttheatre.com/podcast

Read a report about one of our shows:
www.frozenlighttheatre.com/evaluation-report

Watch a video:
www.youtube.com/channel/UCF9rRRcDAkOCx1ZVXJsdJkw

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