

FROZEN LIGHT

Tunnels Pre-show Reference Guide

The show

Tunnels has been created specifically to meet the needs of teenagers with Profound and Multiple Learning Disabilities (PMLD) whilst still creating an exciting, entertaining piece of theatre.

Tunnels follows Lana on her underground adventure to find the light that has disappeared from her city.

Duration

1 hour

Audience numbers



Tunnels is performed to an audience of **six** teenagers with PMLD and their companions. We ask that each young person is accompanied by a carer if possible. We also encourage family and friends to come and enjoy the show with the young person.

The space

The show takes place in an accessible theatre space free of traditional theatre seating. The performance happens in the round, the audience sit in a circle amongst the set with the actors performing in the centre. The audience is met in the foyer where an actor will then take them into the space through the tunnel and show them to their seats. All the chairs can be moved and there is plenty of space for young people who use wheelchairs.



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Multi-sensory interactions

Tunnels is a multi-sensory, interactive production. The actors will offer one to one sensory interactions to the young people with PMLD and there will be collective sensory interactions for everyone to enjoy.

Moving around the space and making noise

The actors are used to the audience not staying in their seats and watching the show from different areas- e.g from in the performance area, sitting in the tunnel or from the far back of the room. We are happy for the audience to watch the show from these different spaces and if there is an issue with where an audience member is sitting we will let their companion know. The audience do not have to be quiet throughout the show.

Distress

If an audience member becomes distressed they can move away from the performance space and watch the show from the back of the room. There will also be a chill out area just outside the theatre space. The chill out area will have a couple of beanbags, a rug and blankets where an audience member can spend some time. You are welcome to come in and out of the performance as many times as you want and if an audience member does not wish to re-enter the performance this is fine and the actors completely understand. Please don't make a young person stay in the show; we won't be offended if you leave.

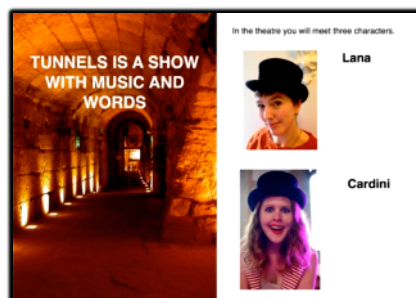
Photos

You are welcome to take as many photos as you like but please do not use flash or distract from the interaction between the actor and young person. If we take any photos we will ask you to fill in a photo permission form after the show.

Companions/carers – your role

As a companion please get involved with the performance, assist the young person you are accompanying but also feel and smell all the sensory items yourself, you will have a much better time if you do!

Before the performance each young person will be given a Visual Story (see right). This is designed to reduce anxieties around the trip to the theatre. Could you please go through this with the young people and bring it with you on the day.



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About Frozen Light

Amber and Lucy, artistic directors of Frozen Light have been creating theatre for audiences with PMLD since 2007. Both have many years of experience in supporting people with PMLD. Lucy has been a support worker for adults with learning disabilities for 6 years and feels this is important to her role as artistic director for Frozen Light. Amber also has experience of supporting children with PMLD having spent a number of years working as a teaching assistant in special schools throughout London.

Frozen Light contacts:

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